"Deep breathing

should not be a mat -

ter of five minutes a

day. It should be con-

Kokua sat in a chair and started

"I have been drinking all day and making merry," said Keawe. "I have been with good companions, and not

I only come back for money and return

as judgment, but Kokua was too trou

husband," said she, and her words

"Oh, I do well in all things," sale

"It was what I feared," he thought

and rose up, but the sweat streamed on his face as thick as the rain and as cold

"Kokua," said he, "I said to you to

day what ill became me. Now I return

to house with my jolly companions,

and at that he laughed a little quietly.

"I will take more pleasure in the cup if

She clasped his knees in a moment, she kissed his knees with flowing tears.

"Oh!" she-cried, "I asked but a kind

"Let us never think hardly of the

other," said Keawe, and was gone out

Now, the money Keaws had taken

was only some of that store of centime

pices they had laid in at their arrival.

At the corner of the old calaboos

"My wife has the bottle," said Keawe,

and unless you help me to recover it

there was the old boatswain waiting.

"You do not mean to say you

"There is the lamp," said Keawe.

I look as if I were jesting?"

look as serious as a ghost."

have come from me.

the thing."

serious about that bottle?" cried the

"That is so," said the boatswain. "You

three centimes; you must go to my wife

for a less sum. But whatever you do,

"And if you doubt me," added Keawa

wish to have your pocket full of money,

or a bottle of the best rum, or what you please, and you will see the virtue of

So the whaleman went off up the ave

It seemed a long time he had to wat

voice to be the boatswain's, but it was

strange how drunken it appeared upor

Next the man himself came stumbling

as he came in view he raised it to his

You have it," said Keawe, "I see

jumping back. "Take a step near me

and I'll smash your mouth! You thought

"What do you mean?" oried Keawe

"Mean?" cried the boatswain. "This is a pretty good bottle, this is, that's what

mean. How I got it for three cen

"I reckon I'm going, anyway," re-

turned the sailor, "and this bottle's the

best thing to go with I've struck yet.

No, sir," he cried again, "this is my bot

tle now, and you can go and fish for an-

So off he went down the avenue, to

ward town, and there goes the bottle

But Keawe ran to Kokua light as the

wind; and great was their joy that night, and great, since then, has been

the peace of all their days in the Bright

out of the story.

nue, and Keawe stood and waited.

more liquor to-night."

boatswain.

'It is she who has bought it."

to drink and carouse with them again. Both his face and voice were ster

like one wakened out of sleep.

bled to observe.

as the well water.

ou forgive me.'

word!"

of the house.

=WORLD'S = HOME = MAGAZINE.

The Bottle Imp

ROBERT LOUIS STEVENSON.

Wonder Story in Which Ambition, Love and Other Human Passions Are Combined with the Supernatural.

STNOPSIS OF PRECEEDING CHAPTERS.

Keawe, a Hawalien, buys a magic bottle whose possessor may have every wish he expresses. No man, however, on peril of losing his soul, may die with the bottle in his possession. Also it must always be sold for a lower price (and in coined money) than was paid for it. After enriching himself by its means and seiling it. Keawe meets and loves a gri named Kokua.

Keawe becomes a leper. To cure himself he buys back the bottle, its grice has fallen so low he is obliged to purchase it for two cents. He marries Kokua, but the fear lest he can never get rid of the bottle makes his life miserable. He confides in Kokua, who tells him there are smaller coins than one cent. So they go to a French settlement, where centimes are used, hoping thus to sell the bottle.

CHAPTER III.

S of they fared to Taniti, where they lived in much splender. had no scruples about asking the

But they found no purchasers for the bottle. For all to whom they offered it either laughed in disbellef or cursed them as emissaries of the devil.

So it came to pass at last that Keawe lost hope and felt he must die without getting rid of the bottle. And Kokua, who loved him, suffered more at the grief of her husband than had the sor cow been her own. As is the way with women who love.

Till at last she hit on a plan. Saying no word to Keawe, she searched the streets at night until she found an aged beggarman, to whom she told her story. So earnest and so beautiful was she that she won his sympathy. She gave It was very sure he had no mind to be drinking. His wife had given her soul him four centimes and sent him to Keawe to buy the bottle, promising to for him, now he must give his for hers; no other thought was in the world with await the beggar's return and buy it back from him for three. This she did, rewarding the beggar richly for his

And now the bottle was Kokua's. As she hurrled back h?ome with the bottle hidden under her cloak, she murmured:

"Now, at least, I take up my soul in both the hands of my affection; now I say farewell to the white steps of en and the waiting faces of my friends. A love for a love, and let nine be equalled with Keawe's! A soul for a soul, and let it be mine to perish!" When she reached home Keawe slumpered like a child. Kokua stood and

"Now, my husband," said she, "It is your turn to sleep. When you wake it your turn to sing and laugh. But for poor Kokua, alas! that meant no evil-for poor Kokua no more sleep, no more singing, no more delight, whether in earth or heaven."

Next morning Keawe awakened her to tell how an old fool of a beggar had ought the bottle, and how the curse was now lifted. And he bade her rejoice. But she could not be gay. So he was angered, and swore she did not love him, and went to a tavern to drink,

leaving her to weep alone.

Now. Keawe knew in his heart he misjudged his wife; so he drank

before he heard a voice singing in the darkness of the avenue. He knew the the harder to drown remorse. Now, there was an old brutal white drinking with him-one that had been a boatswain of a whaler, a runaway, a digger in gold menes, a convict in prisons. He had a low mind and a foul mouth; he loved to drink and to into the light of the lamp. He had the see others drunk, and he pressed the devil's bottle buttoned in his coat, ans upon Keawe. Soon there was no other bottle was in his hand, and even more money in the company. mouth and drank.

"Here, you," says the boatswain, "you re rich, you have been always saying. You have a bottle or some foolishness. "Yes," says Leawe, "I am rich. I will go back and get some money from

Accordingly, when they were back in you could make a catspaw of me, did town, Keawe bid the boatswain wait for him at the corner by the old cala-boose, and went forward up the avenue alone to the door of his house. The night had come again; there was a light within, but never a sound; and Keawe crept about the corner, opened the back door softly and looked in. you shan't have it for two."
"I tell you," said Keawe, "the man

There was Kokua on the floor, the temp at her side; before her was a milk-wilte bottle with a long neck. and as she viewed it Kokua wrung her

A long time Keawe stood and looked in the doorway. And then he had a thought, and it was a strange one, that

made his cheeks burn.
So he closed the door and went softly cound the corner again, and then came olstly in as though he were but now

And lo! by the time he opened the House. front door no bottle was to be seen, and

"Knowing how to fill the lungs with oxygen every moment of one's life is the vital require-

Mrs. Langtry Says Fresh Air and Free Lungs Are Women's Best Aids to Health and Beauty.

Yesterday Mrs. Ayer's article dealt with the five-minute gymnastic exercises practised every morning by Mrs. Langtry, pronounced by English artists the most beautiful woman of the nineteenth century, to preserve the suppleness of her figure.

These exercises are independent of dumb-bells, elastic exercises or any artificial contrivance, and consist of several simple movements of the arms and legs.

THE SECOND TALK.

BY HARRIET HUBBARD AYER.

said Mrs. Langtry, continuing her toilet, and stopping occas ionally to demonstrate her views (for this was a woman's heart-toheart health and beauty talk at their first meeting after many years), see, we are in one way the most fortunate women since the days of the

"Never, I suppose, since that golden era when the nation made the health and the beauty of its race and its perpetuation of the highest importance has so much intelligence, so much positive genius been devoted to the ways and means of attaining perpetual youth—which is the synonym for perpetual beauty. Keawe, and he went straight for the

"I don't care what a woman's circumstances are, she cannot look her best unless she has learned to breathe correctly. The importance of correct breathing And then he came to himself a little "After all, when you really reflect on what it means physiologically, respira-

"Well, yes," I said, "to use an Americanism, 'there's nothing doing' without it. Mrs. Langtry never uses slang, but she could not help smiling at the aptness of that useful, if overworked, expression

"Seriously," she continued, "until a woman has learned that her spirits, he realth, her amisbility and her good looks depend upon her using her lungs to their fullest extent, she has not learned her most important life lesson.

"It doesn't make any difference as to the woman's condition, her environment, her social position or her daily obligations. Without money and without price she can learn the surest way to acquire a clear skin, bright eyes and a youthful face. "She can make a strong woman out of a weak one; a fascinating and companionable wife or sweetheart out of a tired, listless, nervous, unhappy creature.

"No matter what a woman's ambition may be, she can reach the goal of her hopes more quickly if she brings to her efforts superb physical strength.

"We can all do without food for days, but no one of us can do without the eath that means life a few minutes.

"I believe in the importance of pure food simply cooked. But pure fresh at limited quantities and knowing how to fill the lungs with oxygen, not only while doing breathing exercises, but every moment of one's life, waking or sleen tng, is the vital acquirement.

"Of; course, no woman can breathe properly in a tightly laced corset. I an horrified when I think of the way I used to compress my waist before I learned "I look back on my pictures showing my hour-glass figure, with positiv

"How could I ever have thought I was getting my share of life in those pris corsets! The greatest difficulty the woman who has worn the old-fashioned, tightlaced corset encounters in her effort to breathe correctly is through the imthere can be no more money and no pairmen of the waist and abdominal muscles which have been for years unused. "It takes persistent practise in correct breathing to bring these weakened muscles back again to a normal state.

"Of course, correct breathing dooms the tight corset forevermore. Fortunately part women all wear the straight-front, which leaves absolute freedom to the diaphragm, and tiny waists are not regarded as 'good form

"Deep breathing should not be a matter of five minutes a day. It should be continuous. But until one has learned how, it is better to make a practise of regularly going through several deep-breathing movements two or three times of "Well, then," said Keawe, "here are day.

in the house and offer her those for the a deep breather you need give the subject no further concern, so far as your own bottle, which (if I am not much mis- case goes. taken) she will give you instantly. Bring "Once a correct breather always a correct breather, because the lungs, once it to me here, and I will buy it back used to plenty of fresh air, rebel at the slightest restriction and the discomfort

from you for two; for that is the law of not being able to breathe brings its own remedy, with this bottle, that it must be sold "We just show you one or two exercises—of co "We just show you one or two exercises-of course you know many more Beginners should practise in perfectly loose clothing, not even a band or girdle never breathe a word to her that you around the waist, and the throat free also.'

slowly over the shoulder. Here Mrs. Langtry threw a window wide open and, clad in a loose negligee, demonstrated her views on correct

While taking a deep breath with

the mouth closed, turn the head

reathing.
"This is the best attitude," she continued. "You see tand erect, chest out, abdomen well in, heels together. hands on hips. While taking a deep breath through the nos-trils I turn the head slowly to one side as far as possible over the shoulder, hold a few seconds and exhale while resuming original posture. Repeat and alternate, say twenty times. "See what beautiful rhythm I can keep by breathing very

slowly and gently. "This is another good exercise: Drop the chin, then slowly lift it, taking a long deep breath through thenostr ils at the same time. Hold the breath a few seconds. Exhale while slowly letting the head drop quite relaxed upon the chest. "Here is another: Stretch the arms out at full length-try to make the ope palms meet at the back-taking long, deep breath slowly during the movement.

"Then there are the lying-down exercises, which are particularly good for romen who have weakened the waist muscles by wearing corsets—one should lie

Stretch the arms out at full length and try to make the open palms meet at the back, taking a long breath during the movement.

diaphragm take a long, slow, deep breath through the trils. The great point is to do this slowly. mentally count seven, then let the breath slowly exhal-just as slowly and evenly as possible. This is one of the

Drop the chin. Then slowly lift

it, taking a long deep breath

through the nostrils at the same

time. Hold the breath a few sec-

onds. Then exhale while slowly

letting the head drop quite re-

East Indian exercises for acquiring self-control, by the bye. nother good breathing exercise is taken standing. "It is important to stand erect-head up and back, chest out, arms at th Breathe in slowly, mouth closed until the lungs are full—hold a few second enhale always slowly. Naturally there is no limitation to the variety of breathale always slowly. Naturally there is no limitation to the variety of breathans are should aware the deep prestring ever exercises one can arrange, because one should practise deep breathing ment of one's life. The women who will learn to breathe correctly will ally learn a health and beauty recipe of priceless value.

laxed upon the chest-

To-morrow-The art of being g raceful, or grace as an art and he

"The best way is to relax all the muscles and with the hands resting over the to acquire it. THREE WONDERFUL SHIRTWAISTS FROM PARIS
WHICH WILL GLADDEN NEXT SEASON'S SUMMER GIRL.



Letters, Queries, Answers

the Editor of The Evening World: Which is the shortest day in the year?

Eligible if Born in U. S. the Editor of The Evening World: ian born in Russia swore his alledance to this country as an American President of the U. S. DORA.

Dirty Streets. r of The Evening World: th and West streets are not proper ly cleaned soon enough after a fall of snow. They are among the principal streets in New York, and all snow and

refuse must be carted across them for the dumps. JERSEY MAN.

To Warm the Cars.

the Editor of The Evening World: I have found, although the weather is

to them the company might accept from passengers a pocketful of wood and coal alternately, instead of the five cents for alternately, instead of the five cents for fare. I think that they would not be the losers by it, considering the price of both coal and wood at present. It might be worth while trying, and thus we would be able to ride with comfort when compelled to use these cars.

SADIE R. M.

A Brutal Policeman.

To the Editor of The Evening World: Where can I complain about a brute of a policeman who beat a young man, splitting his lip and bruising his ear?
A SPECTATOR.

Report the case, together with the policeman's number, to Commissioner Groene, No. 300 Mulberry street. "What's in a Name ?"

Editor of The Evening World: While people are writing about the I have found, although the weather is girls named Kate let us discuss the very cold, the car companies often supplied no wood or coal for heating same. Now, as the price of both wood and goal is rather high, the thought came that perhaps if it was suggested to isowife.

BEHOLD three wonderful shirtwaists and a half to make a shirtwaist.

For the new sleeves are alrewaists french arbiters of fashion for immense proportions, and the next season's summer girl.

which, originating in America some ten years ago, soon became the most cherished sartorial possession of the Ameri-can girl. But within the last few years ture. The bellows sleeve of 1903 is a the French dressmakers have not only legitimate descendant of the leg-offrequent in fashions as they are in nature. The bellows sleeve of 1903 is a legitimate descendant of the leg-of-mutton of 1895-96, but it bears only a wide collar extended to form epaulettes and having given it to their very hearts, and having given it the benefit of a Continental sojourn, now send it back to us properly "finished," like a girl graduate. The first glance at these exclusive Issigns will show how very original they are. Even the unobserving mascular eye will notice at once their wonderful sleeves, while women will realize with some dismay that next season it will realize which do not shoulders further emphasized by a wide collar extended to form epaulettes and continuing in a stiff plastron down to remote ancestor.

Two of the sleeves illustrated seem merely exasgerations of the fashionable merely exasgerations of the fashionable merely exasgeration will show how very original they are. Even the unobserving mascular to the third, however, shows the new beflows sleeve in all its glory.

The shirtwaist which it ornaments is of white linen, elaborately plaited and alternating with the tucks are broad and extitched, with the broad military splitched bands caught together by the ever fashionable heringbone stitching.

For the new sleeves are already of with horizontal bands of the same ma-immense proportions, and they are terial. The sleeves are cut wide enough Europe in general, refused to have anything to do with the plebelan garment will seem to many who will look and fall loose, forming the huge bellows marvel at The Evening World pictures. | blouse over the wrist, whose size is Abrupt reversions to type are as in further emphasized by the much-gath-frequent in fashions as they are in na- ered linen frill around the edge.

season. The waist is simply trimmed

HUBER'S MUSEUM KOREAN TWINS. French arbiters of fashion for immense proportions, and they are terial. The sleeves are cut wide enough at the top to make a number of nargowing larger with every newly promuitation that the top to make a number of nargowing larger with every newly promuitation to make a number of nargowing larger with every newly promuitation of the top to make a number of nargowing larger with every newly promuitation of the top to make a number of nargowing larger with every newly promuitation of the top to make a number of nargowing larger with every newly promuitation of the top to make a number of nargowing larger with every newly promuitation of the top to make a number of nargowing larger with every newly promuitation of the top to make a number of nargowing larger with every newly promuitation of the top to make a number of nargowing larger with every newly promuitation of the top to make a number of nargowing larger with every newly promuitation of the top to make a number of nargowing larger with every newly promuitation of the top to make a number of nargowing larger with every newly promuitation of the top to make a number of nargowing larger with every newly promuitation of the top to make a number of nargowing larger with every newly promuitation of the top to make a number of nargowing larger with every newly promuitation of the top to make a number of nargowing larger with every newly promuitation of the top to make a number of nargowing larger with every newly promuitation of the top to make a number of nargowing larger with every newly promuitation of the top to make a number of nargowing larger with every newly promuitation of the top to make a number of nargowing larger with every newly promuitation of the top to make a number of nargowing larger with every newly promuitation of the top to make a number of nargowing larger with every newly promuitation of the top to make a number of nargowing larger with the top to make a number of nargowing larger with the top to make a number of nargowing larger with the PASTOR'S 3D AVE. CONTINUOUS 20 AND 80 CENTS.

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